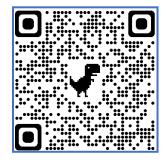


Alternatives to Indwelling Urinary Catheter Use



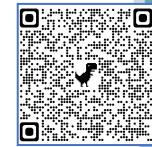
What are the advantages to avoiding indwelling urinary catheters?

- > Reduced risk of infections and catheter-associated complications such as urethral trauma.
- > Improved patient comfort and enhanced patient mobility.
- Lower healthcare costs.



Visit the SUCCESS webpage to view our full toolkit.

Male or Female Urinals	Male External Catheter*	Female External Catheter*	Intermittent Straight Catheter
Ideal for daily or by shift urine volume measurement and collecting urine specimens	Ideal for daily or by shift urine volume measurement and collecting urine specimens	Ideal for daily or by shift urine volume measurement and collecting urine specimens	Ideal for managing urinary retention and overflow incontinence
Bedside Commode	Scale	Incontinence Care Supplies	Bladder Ultrasound
Ideal for daily or by shift urine volume measurement and collecting urine specimens	Ideal for daily or by shift urine measurement	Ideal for managing urinary incontinence	Use to avoid unnecessary catheterization
	TERST		



Scan the QR code and refer to Table 5 for more details on indications for catheter alternatives.

For questions, please contact: Jennifer Meddings, MD (<u>meddings@med.umich.edu</u>), or Jessica Ameling, MPH (<u>jameling@med.umich.edu</u>)

^{*} For more information on external catheters, please review "Types and Materials – External Urine Collection Devices" by Diane K. Newman, DNP, ANP-BC, FAAN, by visiting: https://www.urotoday.com/library-resources/bladder-health/120651-types-and-materials-external-urine-collection-devices.html