

# Hernia Checklist

## PRE-OP

- Reduced Fasting
- CHG Wipes
- Tylenol po 1000 mg
- Kefzol 2 gm (3gm if over 120kg)-antibiotic dosed within 60 minutes of surgical incision
- PONV risk assessment and treatment according to algorithm
- VTE Prophylaxis
  - o SCD stockings
  - o Heparin Given 5000 units

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*It is not part of the permanent record*

## INTRA-OP

- Skin prep with an alcohol based antiseptic agent
- Lung protective ventilation
- Infuse all port sites with short-and long acting local anesthetic 50/50
- Dexamethasone

### Avoidance of Tubes for Hernias

- Foley Catheter**
  - o Simple cases consider no foley
  - o Complex cases consider foley removal at end of case
- Nasogastric/Oral tube**
  - o Limit use to large ventral hernia repairs, lap repairs, bowel manipulation or significant lysis of adhesions

- Post op Drains**
  - o Limit use to large skin flaps or large mesh insertion
- Toradol 15 mg IV prior to end of case **exclude CKD**
- Consider ketamine and magnesium, for multi-modal therapy in pt with pre-op high dose narcotic use
- Operative Note Dictation
  - Type of hernia (measurement, location)
  - Mesh documentation (measurement, product name/manufacturer, ID#, placement and fixation)

## PACU

- Limit IV opioid medications
- Hep lock IV if hemodynamically stable
- Maintain normothermia 96.8°F (36°C)